



## Health & Wellness Advisory Committee

Virtual Meeting – 3:45 pm

April 26, 2023

meet.google.com/ysk-ehko-mdt

(US) +1 225-434-0301 PIN: 497 820 100#

### I. Reports:

- A. District Updates - Michael Byrd, Deputy Superintendent
- B. Safety & Security Updates - Morris Rothfeldt, Executive Director for Support Services
- C. Food Services - Erin Wilkes, Director of Food Services
  - Quarterly Menu Review - Ark. 6.06.5
  - <https://docs.google.com/document/d/1h8viiLXfkmCoP3RGgzTDIrhYVcN4AwqVOw5j-z0dZgw/edit>
- D. Health Services – Vonda Morgan, Director of Nursing
- E. Counseling/Mental Health Services - Emily Taylor, Director of Counseling
- F. School Health Programs – Kelly Spencer, Health & Wellness Coordinator
  - Special Programs Track and Field - May 25th at Panther Stadium
  - School Health Index and Health & Wellness School Improvement Plans - May 1
  - Triennial Assessment - SY 23-24

### II. Other Business

- A. Summer Track Nights
- B. School Health Index Results - Ark 6.06.1  
<https://cabotschools.org/storage/files/shares/Departments/Health%20&%20Wellness/2022-2023/SHI%20results%20Chart%20-%202022-23.pdf>
- C. Wellness Requirements 21-22 SY  
[https://www.cabotschools.org/storage/files/shares/Departments/Health%20&%20Wellness/2022-2023/22-23%20Wellness\\_Checklist.pdf](https://www.cabotschools.org/storage/files/shares/Departments/Health%20&%20Wellness/2022-2023/22-23%20Wellness_Checklist.pdf)

### III. New Business